

## **ACT Building and Maintenance**

Erindale

**0419 627 308**

admin@actbam.com.au

www.actbam.com.au

## **Allsorts Organising**

*Providing advice, support and hands on assistance to tackle clutter, no matter the scale, with care and without judgement. Space planning and project management, relocations and downsizing.*

**0411 405 108**

info@allsortsorganising.com.au

www.allsortsorganising.com.au

## **Canberra Bathroom Renovations**

*20% discount for seniors*

**6288 8795**

## **Canberra Organisers**

*Assisting home owners who are downsizing or moving to declutter and reorganise their homes, for a less stressful lifestyle.*

**0410 481 323**

jenni@canberraorganisers.com.au

www.canberraorganisers.com.au

## **Capital Removals**

*Furniture removal and relocations services.*

**6254 0888**

## **Community Care Program**

*Occupational Therapy Services - to help with modifications and equipment to improve safety and independence at home. Individual assessments and treatment in your own home.*

Village Creek Centre  
37 Kingsmill Street  
Kambah

**5124 1057**

## **Downsizing in Canberra**

*Selling your home is one of the most important transactions you will undertake in your life. Download your exclusive "how to" guide for free.*

www.markmccann.com.au/blog/downsizing-canberra-guide/

## **Downsizing With Care**

*Downsizing and decluttering services in the Canberra region. Helping you tackle a lifetime of accumulation in your home*

**6134 5200**

hello@downsizingwithcare.com.au

www.downsizingwithcare.com.au

## **Easier Living Services**

*Experts in home modifications, renovations and interior design, with over 20 years experience.*

1/47 Tennant Street  
Fyshwick

**6280 4747**

sales@easierliving.com.au

www.easierliving.com.au

## **Go Girls ACT**

*Home renovations, home and property styling. Decluttering and maintenance to ensure your house will be sold fast.*

**0439 488 113**

gogirlsact@gmail.com

www.gogirlsact.com.au

## **Grey Army**

*Offer a range of services including handymen, building maintenance and repairs, carpentry, gardeners, grounds maintenance, lawn mowing, kitchen renovations, painters and renovators.*

**13 11 98**

info@greyarmy.com.au

www.greyarmy.com.au

## **Scope Home Access**

*Your home modifications experts. Approved providers to My Aged Care and NDIS. Service areas include ACT and region.*

**1300 765 887**

info@scopehomeaccess.com.au

www.scopehomeaccess.com.au

## **The Organising Bee**

*We can assist you to become clutter free and create more time for you and your family.*

**0477 233 800**

info@organisingbee.com.au

www.organisingbee.com.au

## **Trend Building**

*Renovations Canberra. Kitchen, bathroom and general home renovations.*

**0414 581 504 / 0411 022 356**

## **Veterans' Home Maintenance**

*The Veterans' Home Maintenance line is a toll-free telephone service that provides advice on general property maintenance matters and referral to local reliable tradespeople. Fees and charges will be incurred if a tradesperson is engaged.*

**1800 555 254**

generalenquiries@dva.gov.au

www.dva.gov.au

## **Well Sorted**

*Do you feel overwhelmed by your stuff? Does it get in the way of living your ideal life? If you are ready to get support with decluttering, professional organisers Well Sorted can help.*

**0422 490 131**

virginia@getwellsorted.com.au

www.getwellsorted.com.au



**This brochure is one a series of topic-specific service listings extracted from COTA ACT's Directory of Services for the Ageing.**

*Other brochures include:*

Residential Aged Care in Canberra  
Respite Services  
Transport  
Dementia Services  
Hearing Services  
Seniors' Groups and Activities  
Keeping Active  
Men's Health and Services  
Activities for Grandparents  
Computer Classes and Assistance  
Financial and Legal Services  
Support in Your Home  
Retirement Villages in Canberra  
Men's Sheds  
Women's Groups  
Women's Health and Services

*COTA ACT has acted in good faith in providing this information and cannot endorse or recommend any particular organisation in this brochure.*

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## About COTA ACT

Council on the Ageing (COTA) ACT is an independent, non-party political and nonreligious organisation working to protect and promote the well-being, rights and interests of all older people in the ACT irrespective of socio-economic, ethnic, religious or cultural background.

Please contact COTA ACT for more information on membership.

Call **(02) 6282 3777** or visit **[www.cotaact.org.au](http://www.cotaact.org.au)**.



**AUSTRALIAN CAPITAL TERRITORY**  
Representing the interests  
of older Canberrans



**Hughes Community Centre,  
Wisdom Street, Hughes**  
(next to the Hughes shopping centre)



**(02) 6282 3777**



**[contact@cotaact.org.au](mailto:contact@cotaact.org.au)  
[www.cotaact.org.au](http://www.cotaact.org.au)**

# De-cluttering, Downsizing and Home Modifications

**COTA**  
AUSTRALIAN CAPITAL TERRITORY